

GLEN BOWLS CLUB NEWSLETTER



AUGUST 2018

Please forward all contributions, correspondence etc. to the editor at geralds@iafrica.com

GLEN COUNTRY CLUB ANNUAL GENERAL MEETING



Clive Sussman, seen here making his maiden speech, was voted in as the new President of the Glen Country Club, at the AGM that was held on Sunday 12th August 2018 .

The management committee is Clive Sussman, Geoff Chait , voted in as Vice President, Dave Samuels as Treasurer, Ivan Epstein, Bernard Saven, Ken Morton

(Bowls), Anthula Markowitz (Tennis), G. McKinney (Tennis) and R. Moothilal (Paragliding)

The meeting was chaired by Ivan Epstein, who managed to cover the agenda quite quickly with very little discussion or queries from the floor.



On the left, Brian Ikin making a speech after being awarded the Charlie Saven Award for the Player of the Year, due to his performance in skipping a team to win the Western Province Midweek competition.

A very nice tea was served before moving on to the Bowls Annual General Meeting.

Ken Morton was elected Chairman for the ensuing year. The Bowls Committee is Ken Morton (Chairman), David Epstein (Green Keeper), Pauline Worms (Minute Secretary), Roy Myers, Gerald Schaffer, Antony Gouveia, Shirley Israel and Clive Rose

WP Bowls votes 'no' to Sundays

MIKE DE BRUYN

PREMIER League Flag Bowls will continue to be played on a Saturday afternoon with the other lower divisions, after the 10 clubs that compete in the top flight all voted against moving to a Sunday slot.

The reasoning given by the affected clubs was they didn't want their members to spend all weekend playing.

WP president Graeme Kemp did say no WP competitions would have been held during the Flag season.

That means that had Sunday got the nod, Saturdays would have been freed up.

One can only wonder if the 10 clubs actually took the time to think through Kemp's Flag proposal?

Their delegates at a council meeting two weekends ago gave answer to that with an emphatic thumbs down.

Non-premier league clubs' delegates voted as well and the majority were in favour of switching days, meaning the overall vote in favour of change was narrowly defeated by four votes.

"We'll have an executive meeting in two weeks' time to discuss things and also decide on the new format for Flag," Kemp said.

**FOUND ON OUR
GREENS**

Contact:

**Antony Gouveia
084-222-1495**



"Clubs are all for reducing teams from 12 to eight players, so that's a big plus as it will help strengthen the various leagues.

"We have to make a call on the scoring system and we also want to try and zone in a way the structure of the lower divisions in order to reduce travel costs."

●Taz Bright, a dual member of Constantia and Mowbray, has been appointed as the marketing and membership manager of WP Bowls.

The paid position created is long overdue.

Bright is an experienced hand but will need all her wits about her as she attempts to grow market; membership has grown to close to 3000.

There is a vast untapped market out there, one that may be wanting to take up the game but choose not to for one reason or another.

While folk of colour may still be perceiving bowls as a white elitist sport, they can be rest assured that the landscape has changed.

It is pleasing to hear of youngsters joining the bowling fraternity, albeit at a snail's pace.

There are many other avenues to reap rewards and that is the conundrum she has to figure out.

CLUB COMPETITIONS

MENS SINGLES

Winner: Wilfred Hoyose

Runner-up:

Johann Du Plessis

LADIES SINGLES

Winner: Jaye Mendelsohn

Runner-up: Adele Saven

DRAWN PAIRS

**Winners: Axel Zoelzer
& Wilfred Hoyose**

**Runners-up: Alfie Lewin
& Chris Baker**

NOMINATED PAIRS

**Winners: Victor Boyd
& David Diamond**

**Runners-up: Michael
Zartz & Daniel Kurgan**

MIXED PAIRS

**Winners: Kevin Campbell
& Riva Myers**

Runners-up:

**Wilfred Hoyose
& Jaye Mendelson**

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7th August 2018

CIRCULAR 2018-51
ZONE TALENT DEVELOPMENT PROGRAMME (Z-SQUAD)
(Period : June 2018 – May 2019)

The goals of the program are:

- To develop voluntary & identified (NOT SELECTED) players with potential, who COMMIT to regular participation of a coherent National programme as a feeder for National Squads
- Provide an accessible long term player development programme (LTPD) for talented, committed players – a pathway to reach their potential
(NB: develop, not selected & commit!)

Who should be part of this programme?

- Any player in pursuit of high-performance goals.
If you want to be considered by the National Selectors for selection in a squad or for tournaments etc. then you must be part of this programme.
- Any player who wants the opportunity to develop their bowling skills.

When are the Z-Squad assessment dates scheduled?

26th August 2018 ; 16th September 2018 ; 7th October 2018 (Future dates to be advised)

Where?

As the program expands we hope to run events in more than one suburb on the same day.

Are there any age restrictions?

There is no age restriction for participation. However, older (Veteran) players should understand that it would be unlikely that they would be considered for the Gold Squad – their data would be used to select players for Veteran events.

If you choose to participate in the programme then part of your commitment is to participate in a minimum of 4 events, at least 1 month apart.

For further information contact Joel Roëbert directly on jkroebert@mweb.co.za.

Kind regards

Lynette Botha

District Administrator

FROM THE PEN OF WILLIAM THOMAS, THE PLEASURE OF LOCAL TOURING

My name is William Thomas and I am a recent member of the club, arising out of the City Council's forced demise of Camps Bay Bowls, and have been very grateful for the way in which our group have been accepted and welcomed into the activities and membership of this community.

Some members have contributed to the news letter with stories of trips to far off places but my wife is in the unfortunate position of having had her legs badly damaged in a motor-car accident, which has made long trips a burden rather than a pleasure, and we have therefore concentrated on local travel, where multiple breaks and limited walking are the order of the day, and have found that the Western and Eastern Cape provide an amazing variety of very enjoyable places to stay and experiences to have.

I, as a bowler have found that at virtually every town and village, you are usually within easy striking distance of a bowls club and that the welcome you receive as a tabs-in visitor is friendly and in the case of the smaller clubs quite enthusiastic. It is a special pleasure to form a temporary part of a community away from home and to find that they share the problems and aspirations of your home club to the letter. The grass being much the same colour on the other side of the fence.

Obviously, regional tournaments give one an opportunity to be acquainted with these venues on a formal level, but the pleasure of a purely social visit takes a fair bit of beating. So ask about the location of the local club when you are holidaying and visit the venue to find out the days of play and times, especially in the Eastern Cape which tends to start a half-hour earlier than our locals do.

Take your whites with you as most of the clubs in the rural towns and some in the larger towns still play in formal gear on Saturdays and Wednesdays, and enjoy the lost pleasure of seeing a green full of players in uniform. Something I miss since casual gear has become the norm locally.

Be aware that the tendency is to become engrossed in conversation with the local players, who are not only interested in the goings on at your home venue but are happy to share tipple while they have your company, is off-set by their local knowledge of safe routes of travel when slightly over the limit and you are not in that fortunate position.

My advice to all is to search out local venues when planning your next holiday. We have been obliged to do so and have been converted to the pleasure of having our familiar car under our rear, only having to travel for short duration to get to our destination and not being beholden to strict time schedules. It may not be so exciting, but this form of holiday will, I guarantee, be far more relaxing and you will come back refreshed.

***Many thanks to Willie for the above very interesting contribution.
Come on all other members, share your experiences or travel stories.
Many, many stories are told around the tables in the bar.
Why not share the stories in the newsletter? — Editor***

... THOUGHTS FROM THE SHOWER ...

- If you attempt to rob a bank you won't have any trouble with rent/food bills for the next 10 years, whether or not you are successful.
- Do twins ever realize that one of them is unplanned?
- What if my dog only brings back my ball because he thinks I like throwing it?
- If poison expires, is it more poisonous or is it no longer poisonous?
- Which letter is silent in the word "Scent," the S or the C?- Why is the letter W, in English, called double U? Shouldn't it be called double V?
- Maybe oxygen is slowly killing you and it just takes 75-100 years to fully work.
- Every time you clean something, you just make something else dirty
- The word "swims" upside-down is still "swims."
- Intentionally losing a game of rock, paper, scissors is just as hard as trying to win.
- 100 years ago everyone owned a horse and only the rich had cars. Today everyone has cars and only the rich own horses.
- Your future self is watching you right now through memories.
- If you replace "W" with "T" in "What, Where and When", you get the answer to each of them.
- Many animals probably need glasses, but nobody knows it.
- If you rip a hole in a net, there are actually fewer holes in it than there were before.
- If 2/2/22 falls on a Tuesday, we'll just call it "2's Day." (It does fall on a Tuesday)-..

Kemp promises a Bright future for WP Bowls

MIKE DE BRUYN

THE future of Western Province bowls is looking brighter.

An upward trend in membership this year is good news for the biggest district in the country after years of decline.

A proposal for a fresh approach to the game was received by the WP governing body earlier this year, says WP Bowls president Graeme Kemp.

"Bowls became a recognised sporting code in our schools at the beginning of 2017 and it is now time to get the ball rolling," said Kemp.

"The vision is to expose our youth from all demographics and backgrounds to the exciting and challenging game of bowls.

"This is a sport where all

ages, all sizes and all genders can play together.

"To enjoy the fresh air and new friendships.

"The other half of this exciting project is to create awareness with new initiatives and modern ideas in order to increase membership in our clubs.

"It is no secret that bowling membership although gradually increasing across the majority of our clubs is still under threat," continued Kemp.

"This is going to directly affect the future of our sport.

"Land rights, leases, housing projects are all becoming a public debate and these human rights demands are threatening the longevity of our clubs.

"If our clubs do not serve a

recreational purpose to a larger number of our citizens, clubs that are utilising prime property in many suburbs will be forced to close.

"In order to achieve this WP Bowls needs a committed and passionate individual on a full time basis.

"After receiving feedback from all the clubs, WPB is proud to announce Taz Bright has been appointed marketing and membership manager.

"Her previous experience of coaching children is extensive and her personal achievements in many sports, as well as bowls, is a clear indicator she is more than qualified for the position.

"Bright has played squash, hockey, water polo and bowls at provincial level as well as

representing her country for squash.

"Besides being passionate about the game off the green, she has also achieved results on the green.

"As this is a new position and the first of its kind in the country for the sport, the opportunities for the game and our Western Cape bowling clubs are endless.

"This project requires many hours of administration, co-ordination and coaching – all of which WP feels capable of undertaking, along with the backing of dedicated bowling members already providing their own valuable time to this drive in their own capacity across clubs."

Bright has been on the job since the start of the month.



In a significant move, the draft Control of Tobacco Products and Electronic Delivery Systems Bill (Cotped) published in May this year, aims to regulate e-cigarettes for the first time in SA.

Unsurprisingly the Bill resulted in ardent debate at a recent panel discussion hosted by the Vapour Product Association (VPA) where industry professionals fervently argued the benefits of e-cigarettes and other vaping products.

"E-cigarette products must be embraced as an alternative to traditional smoking products," said Vaping Products Association of South Africa (VPASA) spokesperson, Fidel Hadebe.

Co-founder of Africa Harm Reduction Alliance (AHRA), Dr Delon Human agreed. "Vaping and e-cigarettes have the potential to prevent tobacco-related disease and save hundreds of millions of lives from premature death. For the sake of population and individual health, it is imperative that vaping is recognised as an alternative to combustible tobacco products, within the broader context of tobacco harm reduction."

Arguing new research shows vaping products are 95%-99% safer than combustible smoking, Dr Human argued this message is not truthfully and accurately being brought to the 9 million smokers in SA.

Dr Kgosi Letlape, president of the Health Professions Council of South Africa (HPCSA) expressed concern that the Bill's preamble exclusively mentions cessation and doesn't also promote switching to less harmful sources of nicotine. "It doesn't take into account there are more than a billion citizens of this planet that have failed to quit." Dr Human agreed, "If you look at the statistics worldwide, there are 1.2 billion smokers, and 70% of them go on record that they'd like to quit smoking, but only 40% of that 70% actually try quitting, and eventually less than 5% manage to quit smoking. Continued on next page

“The nicotine itself, in the Bill, should to be handled responsibly. In a science based proportionate manner, so that the regulation, labelling, taxation, and then also the communication about various products is done in an accurate manner. I’d go as far as to say that especially in this country, it’s the human right of the consumers and the patients to get accurate information. It is unethical and simply unscientific for a physician, a nurse or a pharmacist to tell a patient all tobacco kills them all the same. said Dr Human. “Up to three years ago 70% of doctors in SA believed nicotine is a cause of cancer, which is completely untrue. The World Health Organization (WHO) and scientific organisations across the world have confirmed there’s no link between nicotine and cancer. That message needs to be given to healthcare professionals, so they can give accurate information to their patients,” said Dr Human.

“We want to make sure not just doctors, but nurses, pharmacists and the whole community of healthcare workers understand how they can help patients who want to switch from smoking. What products are available and how they work. Our role is not as an endorser of a product or brand,” insisted Dr Human. “We are absolutely committed to tobacco harm reduction, he continued.”

Echoing Dr Human, Dr Letlape insisted, “As harm reduction advocates we say, if you smoke, the best thing you can do for yourself is quit. But if you can’t quit, there are less harmful alternatives from which you can get your nicotine fix. I have yet to meet a smoker who doesn’t want to quit. As physicians we’re in the harm reduction industry. I speak to doctors all the time, some of them have never heard of e-cigarettes they don’t know what I’m talking about, they don’t know the categories, they don’t know about nicotine as a chemical. There’s a lot of medical education that needs to occur in this space.”

“As physicians, when it comes to patients who want to quit smoking,” said Dr Human, “We need to give them the techniques, methods, and accurate information about what alternatives there are. “But what’s happening now is practitioners are speaking from a basis of ignorance. There are some practitioners where their patients are more knowledgeable and come to ask about e-cigarettes and their doctor’s advice. But instead of doctors saying they don’t know and telling their patients they’ll come back to them when they’ve done more research and advise them accordingly, they instead jump onto the bandwagon saying ‘those things are bad, they’re worse than cigarettes’, giving all forms of varied advice. This means we are not doing our job in terms of medical education for healthcare practitioners, so they can inform their patients, equipping them to make informed choices. The ‘quit’ concept is linked to what prevails in medical practice and we have a duty to provide education so we as doctors continue to work on evidence-based medicine,” said Dr Letlape.

THE OTHER SIDE OF THE ARGUMENT

As the panel consisted exclusively of vaping advocates, *Medical Chronicle* spoke to Professor Richard van Zyl-Smit, a leading South African pulmonologist based at the University of Cape Town’s lung clinical research unit, who has devoted years of his life to understanding why and how smoking affects your health.

Describing vaping as a very contentious issue filled with pitfalls, conflicts of interest, and an unregulated and self-promoting industry, Prof Van Zyl-Smit was adamant that, “Doctors should encourage patients to stop smoking – end of story. If there is absolutely no way they can stop then considering vaping as a potentially safer option (merely switching) ignores the underlying addiction, does not stop the nicotine intake (which is not harmless), continues the financial burden, and supports an unregulated and unproven intervention with little long-term safety data.” Addressing the argument that e-cigarettes should be promoted as a smoking cessation aid, Prof Van Zyl-Smit feels the vaping industry is not only trying to have it both ways but is failing at both. “If they wish to be considered a medical intervention, they need proof that they work, and that they are safe. What they have is evidence that they are less harmful, and work very poorly compared to other medications for supposed smoking cessation. If they wish to play in the medical field they need to be tested as per all other medications.

Stressing the importance vaping products be legislated, Prof Van Zyl-Smit does agree that tobacco is not the ideal space. “But what other space is there? If it’s a food stuff then it needs to be regulated as such, if it’s a medication the same applies etc. If it is a new separate product then it will require a whole new set of government legislation, which will take ages so again the industry needs to make up its mind. The regulations are critical to protect consumers, not to facilitate an industry’s income.

“Government should engage in getting people to not start smoking or vaping as first priority, and then encourage them to stop smoking. To promote a single intervention like vaping is unacceptable. It is not a proven strategy, it is not a wonder drug, and for government to come out and support a single industry above every other approach is not sound reasoning.”

RESEARCH: THE PROBLEM

The fundamental problem appears to be the lack of conclusive scientific data.

Arguably one of the most comprehensive studies on health effects of e-cigarettes to date was published in January this year by the National Academies of Sciences, Engineering, and Medicine. Sponsored by the US Food and Drug Administration. The committee that conducted the study identified and examined over 800 peer-reviewed scientific studies, reaching dozens of conclusions about a range of health impacts.

The study found a great need for more evidence and research with both long- and short-term horizons around the new field of e-cigarettes. “We urgently need to address gaps in substantive knowledge and improve research methods and quality through protocol and methods validation and development, including the use of appropriate study design.” Unfortunately, this will take time.

EFFECT OF MODERN TECHNOLOGY



Upcoming Events

Congratulations to all who are celebrating a Birthday during this month.

We wish all of you very good health and enjoy your special day

**Mike Marsden 3rd, Berel Lewis 4th, Geoff Drewer 5th,
Lizette Fick 6th, Philip Marcus 6th, Ian Higgins 11th,
Jeremy Fisher 19th, Daphne Leibowitz 21st**

It has been suggested that all those who are celebrating their birthday this month and would like to bring cake/s to the Thursday evening braai should contact each other to arrange which date they will bring cakes, so as to prevent too much one week and nothing the next

NOTE FROM THE EDITOR:

I have received a complaint that the newsletter is being received in a difficult to read font. I am investigating this, as when the newsletter is originally distributed, it is **in this clear, legible font.**

Please let me know if you are experiencing difficulties when reading the newsletter.

The above note is handled differently to this note - *if the fonts vary, please advise.* I have been investigating the font problem and found that many others have had the same experience. I include an article posted online on the same subject

When I first started using Acrobat (versions 3 through 5), it was an incredible product because it could create an exact copy of a document I created with a DTP program. I could send that PDF to someone who did not have the DTP program, yet the recipient saw exactly what I created in the DTP program. That's what made Acrobat great. It worked flawlessly.

Now I have Acrobat Pro XI, and I can't create a PDF from Word and get the correct fonts. I've seen quite a few messages on this forum and elsewhere indicating that other people have this problem, too. But I haven't found a solution. I've tried many things that are suggested--embed fonts, don't embed fonts, and different settings. Nothing seems to work. I've spent hours on this instead of doing the job I am paid for (writing). So I'd be very glad if anyone knows how to fix this.

**Details of Thailand cave
rescue - animation**

Click on link below

<https://youtu.be/IF4A34708hE>



Around the Bowls World

Welcome to

Hawthorn Bowling Club Inc. Est. 1912

Adelaide, South Australia.

You're always welcome at Hawthorn Bowling Club - whether your interest is in the great game of Lawn Bowls or simply to enjoy the club's superb facilities and relaxed social environment.

Set in the leafy suburb of Hawthorn and only ten minutes from the centre of Adelaide, the Hawthorn Bowling Club has four excellent greens catering for various levels of competition as well as day or night social bowls.

Founded in 1912, and striving for excellence both on and off the green, Hawthorn Bowling Club is well recognised as the premier bowling club in the south Eastern Metropolitan area.

This season the club has more than 150 members, both male and female. The club has 7 pennant teams on Saturday mixed competition, 5 pennant teams on Wednesday for men and 3 pennant teams on Thursday for the ladies.

Social Bowls is played during the winter months on Wednesday and Saturday. Nighthawks is played on Tuesday and Wednesday during Summer.

The club has 3 full sized greens and a fourth with 4 rinks giving the club 24 rinks. The 3 full sized greens have lights for night time play.

Whether it is Men's or Women's mid week or Saturday Pennants, NightHawks or social bowls, the welcome mat is always out at the Hawthorn Bowling Club.

Free coaching from highly qualified coaches and loan bowls are available by arrangement. Remember, bowls is no longer a sport for the older generation.

Hawthorn Bowling Club facilities are [available for hire](#) for approved corporate or private functions and events.

